

Did you know that Catholic Social Services has...

- ♦ **Prenatal Support**
Ongoing support and education during pregnancy and throughout the first year of life.
- ♦ **Preparing for Baby Workshops**
An array of educational workshops are available monthly to help those in need prepare for the new one coming into their life.
- ♦ **Diaper Assistance**
Assistance with diapers is provided for families in need.
- ♦ **Mary's Cupboard — Mondays, Wednesdays and Fridays**
Emergency food assistance for families in need
Please call for an appointment—215-949-1991
- ♦ **Catholic Health Care Services— Geriatric Assessments**
Certified Geriatric Care Managers will evaluate, plan, coordinate, advocate and support individual needs and preferences for seniors age 60+. 888-679-7669
- ♦ **Financial Planning Support—Clarifi**
Budget and debt management counseling
Credit counseling for maintaining or improving credit
Home planning and homeownership support
College planning and student loan debt counseling
Please call Clarifi for an appointment—215-563-5665
- ♦ **Behavioral Health Counseling—Catholic Clinical Consultants**
Family therapy, Couples Counseling, Individual Counseling
Please call for an appointment— toll free 1-855-518-2223

Connections to Community Resources

Community Baby Showers

Special Events

Contact us today for more information:
Catholic Social Services Bucks County Family Center
100 Levittown Parkway Levittown, PA 19054
215-945-2550



Catholic Social Services - Centro Católico de Fátima

Clases Gratis !!

Are you Pregnant? ¿Estas embarazada?



**Do you have questions during this special time?
¿Tiene preguntas durante este tiempo especial?**

Education Classes Clases Educativas durante el Embarazo y Parto

Wednesday 10:00 –11:30 AM

Todos los miércoles 10:00 - 11:30 AM

Topics Of classes



Temas de las clases:

Pregnancy/Embarazo

Nutrition/Nutrición

Labor/Parto

Stress/Stress



**For more information contact us at:
Para más información llámenos al:
215-639-4254**

2913 Street Rd, Bensalem, PA 19020

CATHOLIC SOCIAL SERVICES

FATIMA CATHOLIC
OUTREACH CENTER

Becoming a Mom

EVERYTHING YOU WANT TO KNOW
ABOUT HAVING A HEALTHY
AND HAPPY PREGNANCY

WEDNESDAYS

1 PM - 3 PM

PRIZES + RAFFLES + SNACKS

PLEASE REGISTER WITH MELANIE OR
PAULA AT (215)945-2550

LOCATION: 2913 STREET ROAD
BENSALEM, PA 19020

CATHOLIC SOCIAL SERVICES

DIAPER SERVICES



FAMILIES ARE ELIGIBLE TO
RECEIVE DIAPERS FOUR TIMES
IN A YEAR IN TIMES OF
EMERGENCIES!!



2 LOCATIONS AVAILABLE:

100 LEVITTOWN PARKWAY
LEVITTOWN, PA 19054

2913 STREET ROAD
BENSALEM, PA 19020

APPOINTMENT NEEDED AT BOTH LOCATIONS!!
TO SCHEDULE PLEASE CALL: 215-945-2550

Fashions at Fatima

Catholic Social Services brings mission to fashion.

Fashions at Fatima Boutique offers clothing for the whole family.

10 items
per visit

\$1.00

Designer brands for Men, Women and Children—

Stop in and sign up to be a preferred customer and receive one free item!!!!

~~Thursdays~~

Time: 11:00 - 3:00



Fatima Catholic Outreach Center
291 Fatima Catholic Outreach Center
2913 Street Road
Bensalem, PA 19020
215-639-4254



MARTHA'S CHOICE MARKETPLACE

CATHOLIC SOCIAL SERVICES
ARCHDIOCESE OF PHILADELPHIA

2915 Street Road
Bensalem, PA 19020

Tuesdays 3:00 PM – 6:00 PM
Thursdays 1:00 PM – 4:00 PM

Families are welcome to come once every 30 days!





We offer:

Support and Counseling Services

Individual, Family, & Couples
Therapy

Anger Management

*We do not offer all of these services at every location for every age. Please call the toll free number listed on this flyer to find out if we have a therapist that can fulfill your specific needs.

We are also a Medicare approved provider and accept most managed care health insurances (BCBS, IBC, Aetna, Cigna, United Healthcare)

We have 6 different service locations:

Southampton
Levittown
Norristown
Springfield
South Philadelphia
Northeast Philadelphia

Toll free

855-518-2223

Fax 215-334-1604

Email:

cccpracticecoordinator@
sjvcenter.org

**Catholic Clinical
Consultants**

Fighting Stigma in Schools: Testing the Effectiveness of NAMI's Ending the Silence Presentation

NAMI Ending the Silence (ETS) is a 50-minute presentation for middle and high school students that helps raise awareness and change perceptions around mental health conditions. The presentation includes:

- Warning signs
- Facts and statistics
- How to get help for themselves or a friend

The goal of NAMI ETS is to create a generation of students who are well-positioned to end the silence and stigma surrounding mental illness.

Do NAMI ETS presentations result in improvements in knowledge, attitudes, and help-seeking preparedness related to mental health conditions? The purpose of the present research was to address this question.

METHODS

- 10 schools from 5 different areas of the United States
- Completion of a 12-item research questionnaire measuring knowledge and attitudes related to mental health conditions and help-seeking attitudes.
- For each school
 - Three classes received the ETS presentation and three comparable classes did not
 - The three ETS classes completed a 12-item research questionnaire before the ETS presentation, immediately after and 4-6 weeks following the presentation
 - The three non-ETS (Control) classes completed the same questionnaire on the same schedule as ETS classes

RESULTS

- 932 students: 530 from ETS classes, 402 from Control classes
 - 55% were female and 42% male
 - Less than half (47.5%) were White. 35% were Hispanic, 14% African-American, and 7% Asian
- Knowledge and attitudes changed for ETS classes but not for Control classes
 - Scores increased significantly following the ETS presentation and remained elevated over pre-ETS scores at the 4-6 week follow-up
 - Scores for the Control group students remained the same across all three administrations
 - The pattern (change for ETS classes, no change for Control classes) was similar for each of the 12 individual items and for each of the 10 schools

CONCLUSIONS

- NAMI Ending the Silence is effective in changing high school students' knowledge and attitudes toward mental health conditions and toward help-seeking
- The effect is a robust one, occurring across different presenters, across different study schools, and across the diverse populations within those schools

For the full report, you may contact Jennifer Rothman at jrothman@nami.org or 984-235-4610.